



▼ **INGREDIENTS**

Supplement Facts		
Serving Size: 3 capsules		
Amount Per Serving		% Daily Value
Vitamin C (Ascorbic Acid)	3.6 mg	6%
Niacin	13.5 mg	67%
Vitamin B6	1.3 mg	1.3%
Vitamin E	0.5 IU	1.5%
L-Tyrosine	3 mg	-
L-Valine	3 mg	-
Aspartic Acid	3 mg	-
L-Cystine	3 mg	-
L-Methionine	3 mg	-
L-Tryptophan	3 mg	-
Proprietary Blend	1340 mg	-
<small>Whey Protein; Pasteurized Saccharomyces Cerevisiae; Rice Protein; Green Lipped Mussel; RNA-DNA Tissue Factors; Dolomite; Lecithin; Dulce (Whole); Paprika; Choline; Papain; Horse Tail (Whole); Pancreatin Enzyme; RNA-DNA Thalamus Tissue Factors</small>		
<small>* Daily Value is not established.</small>		
<small>Other Ingredient: Gelatin & Leucine</small>		

▼ **DOSAGE**

- 1-3 capsules, up to twice per day, or as directed.

▼ **PACKAGING**

- Capsules: 60 capsules/eco-bottle.

▼ **PERSPECTIVE**

Throughout the history of nutrition, there's been a focus on "managing proteins" because they are necessary for immunity and cell repair. While it's not necessary to eat all 20 amino acids, or all 9 essential amino acids in one meal because the body will complete the weak links, doing so does help conserve the valuable nucleo-protein (small chain) amino acids to have a complete array of amino acids in a protein meal. Oftentimes a meal can be lacking an essential amino acid, e.g. pea soup lacks methionine. Thus supplementation can help complete the protein structures for overall nutrition enhancement.

▼ **LIFESTYLE**



#150 PRO (Nutro Protein)

PRO provides essential amino acids and peptide chains commonly deficient in today's average diet; it enhances and completes dietary protein intake with the purpose to support assimilation of more complete amino acids. Doc Wheelwright constructed this formula with the intent that the body could employ its components toward a more amino rich lymphatic nucleo-protein pool for normal cellular functions.

▼ **INDICATIONS**

- Proteins for normal tissue repair
- Increase nutritional amino acids
- Support normal muscle building amino acids
- Support overall normal kidney integrity
- Replenish amino acids after stress or illness

▼ **KEY COMPONENTS**

- **Whey Protein** – Complete amino acid profile, high-quality, easily digestible proteins with immune supportive properties.
- **Rice Protein** – Supports adequate protein availability, easily digested, provides essential amino acids, vitamins B and E, fiber and carbohydrates, without fat, cholesterol, sugar or sodium.
- **Green Lipped Mussel** – Complete whole-food, primitive amino acid source. Contains natural glucosamine and chondroitin. One of Nature's great sources of peptides for cellular function.
- **Lecithin** – A natural source of phospholipids that comprise the lipid bi-layer of all cell membranes. Plays an important role in balancing blood lipids and supporting normal brain, heart and cardiovascular health.
- **Niacin** – Vitamin B3. Vital in cell metabolism, plays a role in metabolism of carbohydrates, fats and proteins; helps convert the macronutrients into their building blocks, which are smaller carbohydrate molecules, such as glucose, amino acids and fatty acids.
- **Vitamin C** – Antioxidant. Promotes normal digestion pathways. Necessary for normal elimination of cellular metabolic waste products.
- **Dulce** – Packed with valuable minerals, namely iron, iodine, potassium, high in vitamin B6, low-protein plant-based source of iodine and iron.
- **RNA/DNA Thalamus Tissue Factors** – Tissue support for the thalamus portion of the brain that is considered the "switchboard" of neurological function.
- **Horsetail** – Also called shavegrass. Provides essential trace minerals such as silica that helps with normal collagen, teeth, and nail formation. Provides absorbable calcium and other nutrients required for normal glucose metabolic processes.

▼ **CONTRAINDICATIONS**

None.

▼ **CLINICIAN CONSENSUS**

- Post-Physical Trauma Repair:
#150 PRO - Nutro Protein
#735 Energy Tonify - Tonify Yin
#6 Restore

▼ **BACKGROUND**

Doc Wheelwright taught that proteins were the macronutrient "of primary importance" and that even though the diet may contain incomplete protein chains (e.g. vegetarian diet), the body would make up the deficits from its lymphatic pool of nucleo-proteins. However on reintroducing those nucleo-proteins to the incomplete protein chains in the intestines, he calculated a 20% loss of nucleo-protein that the body would not get back. To protect against that attrition of the precious nucleo-proteins, he advocated the combining of protein sources (1 lightly cooked plus 4 raw). He made the PRO formula with the intent of having a supplement that would complete dietary proteins for maximum assimilation and conservation of the lymphatic pool that the body needs to effect repair of tissue and perform cellular metabolic functions.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#735** Energy Tonify - Tonify Yin
- **#2** Builder
- **#140** MIN - Multi-Mineral
- **#870/#871/#872** SpectraOne & Two - Whole Food, Cell, Multi Vitamin/Mineral/Oil
- **#12** B - Brain
- **#32** Gb - Pituitary
- **#50** I - Eyes
- **#467** LGUT - Leaky Gut Mastery
- **#56** K - Kidney
- **#133** JOT - Joint, Disc, Cartilage
- **#460** KYRO - Muscle, Tissue, Ligament

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com